



HOTEL AL MOUDIRA
L U X O R

YOGA

YOGA	MINUTES	PRICE
Hatha Yoga (beginner) with breathing	50	\$50
Ashtanga Yoga	60	\$70
Hatha yoga (advanced) with breathing	60	\$60
Kundalini yoga	60	\$60
Lyengar yoga	60	\$60
Therapeutic yoga	30	\$40
Yoga kriya	30	\$40
Pranayama (breathing)	30	\$40

Free daily 30 minutes yoga session at 3pm at Al Moudira garden.



RELAIS &
CHATEAUX